



IRAMOO PRIMARY SCHOOL No 5152

CHILDREN'S HEALTH AND WELLBEING POLICY



Help for non-English speakers

If you need help to understand the information in this policy, please contact Iramoo Primary School on 03 9741 2803 or iramoo.ps@education.vic.gov.au.

Rationale:

Students' abilities to learn is influenced by their health and wellbeing and students' health and wellbeing is influenced by their engagement in learning. Our school promotes healthy, supportive and secure environments in which our children thrive. We aim to raise awareness of what makes students resilient, develop strategies to promote positive relationships, build student connectedness to school and increase coping skills.

Aims:

- To promote a positive environment in which all staff assume responsibility for student wellbeing, endeavouring to provide meaningful experiences for all children.
- For children to feel safe and secure in a supportive environment and, where a sense of belonging and wellbeing is strengthened.
- For children to develop positive social behaviours and problem-solving skills.
- To ensure that staff are skilled and proactive in the management of student wellbeing issues.
- To ensure that communication processes and protocols are clear and well known to ensure the effectiveness of student wellbeing support.

Implementation:

Yard

- At least 4 teachers will be on duty at all recess times and 15 minutes before and after school with additional supervision being provided by the school's Leadership, and Education Support Staff (ESS).
- Any child who is still in the school grounds after 3.15pm must be sent to the office and parents/carers will be contacted to organise pick up from school.
- If child/children are not picked up by 3.30pm the school will attempt to contact parents/carers or other known contacts to the school. If no contact is made, they will be sent to our school's After School Care program, if eligible and at a cost to the parent/carer.
- Police will be contacted, and children will be taken to the local police station if:
 - all reasonable attempts have been made to contact the appropriate, reasonable adult *and*,
 - it is well beyond normal collection time *and*,
 - they are not eligible to attend our After School Care program.
- All playground equipment must be maintained in safe and working order, including landing areas.

Yard (continued)

- Students are to play on age-appropriate play equipment.
- Whilst it is recognised that rubbish must be picked up, children are encouraged to practise high levels of hand hygiene and to be instructed not to pick up syringes, glass etc. but to report such items to a member of staff. Students use tongs and buckets/bags when picking up rubbish and are supervised/helped by a teacher.
- If a child becomes ill or injured while in the yard, they must report to the yard duty teacher who will at their discretion, send them to the sickbay with a 'sickbay pass' or call for assistance from additional staff if the students cannot be moved or the situation is serious in nature.
- All teachers on yard duty will carry a basic first aid kit and wear a high visibility vest.
- Staff are regularly informed of children with specific needs and of playground emergency procedures.
- Our school follows Sun Smart recommended procedures as per our Sun Smart Policy.

Class

- Any child not collected by 3.15pm after school **must know** they are to go to the office.
- Any child leaving school early **must** be signed out at the office and their teacher notified.
- During class time children go to the toilet or on errands in pairs.
- If a child becomes ill or injured in class, the child and two other children are sent to the office with a sickbay form. The sick child goes directly into the sickbay while the other children inform office staff and then return to class.
- School COVID Safe Plan is implemented, and the school community is regularly reminded of COVID safe measures in place.

Sickbay

- Sickbay protocols are followed as per our First Aid Policy.
- Parent/carers will be contacted when a child has vomited or has head injuries or when there is any doubt of possible fracture, gash/tear, continual stomach cramps and for dry clothes if not available.
- The school will ensure that a staff member with current first aid qualification is on duty in the sickbay.
- Children with identified head-lice must obtain a clearance certificate before returning to school. An appropriate medical practitioner or one of our qualified staff may issue this.
- Ensure that the teacher yard duty bags have basic first aid kit items and that they are replenished weekly.
- A sickbay register will be maintained using COMPASS detailing name, time, parent/carer contacted by phone, return to class or home.

Also refer to our Yard Duty and Supervision Policy.

Welfare/Wellbeing

- Provide a tiered approach to supporting student wellbeing across our school.
- Children with emotional needs can be referred to the appropriate support agencies for assistance.
- Student welfare/wellbeing is a shared responsibility between school, home and the community.
- The school adopts a proactive and strategic approach to issues of student welfare.

- The school implements welfare support structures and programs, which prioritise and address the identified needs of all students. Refer to: **Student Engagement and Inclusion and Diversity and Bullying Prevention Policies.**
- Our school adopts a zero-tolerance policy to:
 - Bullying - Bullying can be a form of racism, sexism, homophobia, transphobia or other type of social prejudice when the behaviour is targeted at an individual or group because of a personal characteristic, such as race, religion, sex, sexual orientation, gender identity or disability.
 - Harassment - Harassment is language or actions that are demeaning, offensive or intimidating to a person. It can take many forms, including sexual harassment and disability harassment.
 - Discrimination - Discrimination, harassment, and any other inappropriate behaviour is not tolerated at our school and there may be serious consequences for students engaging in this behaviour. This includes any form of racism, religious or disability discrimination, sexism, homophobia, transphobia, or any other behaviour that targets an individual or group. Further information about discrimination and harassment, including definitions, is set out in our Inclusion and Diversity Policy.
- We provide positive and respectful learning environments for our students who identify as LGBTIQ+ and follow the Department's policy on [LGBTIQ Student Support](#).

Visitors

- Visitors to the school must report directly to the office.
- All visitors must sign in and out at the office and acknowledge child safety obligations.
- Any visitor reporting to a classroom will be re-directed to the office.
- Visitors must wear an Iramoo Primary School Authorised Visitors lanyard.
- Past students visiting can only be on school grounds for one session and not during recess or lunch times.

***Bicycle Safety**

Students in Years 3 – 6 are permitted to ride bicycles to school and are required, by law, to wear approved safety helmets. The law also requires that these bicycles be in a roadworthy condition.

Bicycles must be parked in the bike rack provided. The school accepts no responsibility for these bicycles.

Children in Years Prep, 1 and 2 are **NOT** to ride bikes to school unless in the company of a responsible adult.

Skates, mini scooters, skateboards, e scooters, e bikes or other motorized vehicles are **NOT** to be brought/ridden to school.

Programs

The school implements a variety of programs to support students' health & wellbeing and social-emotional development.

The school provides the following support structures:

- monitoring of and responding to issues regarding student punctuality and attendance
- child safety and child safe codes of conduct
- protocol for Mandatory Reporting of Child Abuse to the Department of Fairness, Families and Housing (DFFH)
- staff complete the yearly online Mandatory Reporting Professional Development Module
- Student Support Group meetings
- referrals via Student Wellbeing Coordinator.

The school accesses services that provide support for students and staff, which include:

- student Support Service Officer Referrals
- strategies providing support for children with specific learning needs (Individual Learning Plans / Individual Education Plans)
- guidance and support from the DFFH case managers and support workers
- school Chaplaincy program
- school Nurse
- other external allied health services Anglicare, IPC Health, Royal Children's Hospital, Mental Health Services.

The school will:

- identify children with specific wellbeing issues by creating support groups, developing appropriate individual programs including goals, monitoring performance and behaviour and providing ongoing support
- collect information and data regarding types of wellbeing issues and the support provided to the students
- require all teachers to record all student 'interventions' on the summary sheet provided in children's individual files
- comply with privacy issues according to DET Guidelines.

Our school also follows Department of Education and Training policy relating to bullying including:

- [Bullying Prevention and Response](#)
- [Cybersafety and Responsible Use of Digital Technologies](#)
- [Equal Opportunity and Human Rights - Students](#)
- [LGBTIQ Student Support Policy](#)

The following websites and resources provide useful information on prevention and responding to bullying, as well as supporting students who have been the target of bullying behaviours:

- [Bully Stoppers](#)
- [Report racism or religious discrimination in schools](#)
- [Kids Helpline](#)
- [ReachOut Australia](#)
- [Lifeline](#)
- [Bullying. No way!](#)
- [Student Wellbeing Hub](#)
- [eSafety Commissioner](#)
- [Australian Student Wellbeing Framework](#)

Communication

This policy will be communicated to our school community in the following way:

- available publicly on our school's website
- included in staff induction processes and staff training
- discussed at staff briefings/meetings as required
- discussed at parent information nights/sessions
- reminders in our school newsletter
- hard copy available from school administration upon request.

Policy REVIEW and Approval

Policy last reviewed	June, 2023
Approved and ratified by	School Council
Next scheduled review date (2 years)	June, 2025