



IRAMOO PRIMARY SCHOOL No 5152

RESPECTFUL RELATIONSHIPS COMMITMENT

Iramoo Primary School is a Partner school in the Resilience, Rights and Respectful Relationships Program.

The Victorian Government mandated the introduction of Respectful Relationships education into every Government school in Victoria from Prep to Year 12 and the initiative is a core component of the Victorian Curriculum taught using a whole school approach model.

Our school is committed to the Respectful Relationships Program which aims to promote and model *respect* and *equality* and teach our students how to build healthy relationships, resilience and confidence.

The program covers eight social and emotional areas and is delivered in an age-appropriate way. Content includes:

- **Emotional Literacy:** students develop the ability to understand themselves and other people, express and manage their emotions, build empathy and respond appropriately to the emotions of others.
- **Personal Strengths:** students recognise their strengths and positive qualities with a focus on wellbeing, positive behaviour and academic achievement.
- **Positive Coping:** students build their repertoire of coping strategies and benefit from critically reflecting on their own choices and being exposed to alternative options. Long term, students develop greater persistence in the face of challenges.
- **Problem Solving:** students have opportunities to develop critical and creative thinking skills and apply them to scenarios, exploring personal, social and ethical dilemmas.
- **Stress Management:** students learn self-calming strategies that can be used to manage stressful situations.
- **Help Seeking:** students identify situations in which help should be sought and identify trusted sources of help.
- **Gender and Identity:** students are encouraged to challenge and critique the influence of gender stereotypes on attitudes and behaviour. Respect for diversity and difference is promoted.
- **Positive Gender Relations:** students develop the skills needed for healthy relationships, i.e. problem solving, setting boundaries and developing peer support and help-seeking skills that can be applied to negative situations involving gender, family, peer, community or online relationships.

The program complements our existing social-emotional curriculum.

In addition to curriculum, staff also participate in Respectful Relationships Professional Development.

The link below provides further information about the Respectful Relationships Program:
<https://fuse.education.vic.gov.au/ResourcePackage/ByPin?pin=2JZX4R>